



COME AND HAVE A GO AT...

ORIENTEERING

NO EXPERIENCE NECESSARY - ADVICE AND COACHING AVAILABLE



Forest of Bere, West Walk



Saturday 1st June

Come and try the exciting sport of orienteering. Turn up at any time between 10 and 12. No experience necessary! All ages and fitness levels are welcome.

West Walk is near Wickham - use the Forestry Commission car park at PO17 6JD, grid ref: SU596123.

Orienteering is a sport, which combines outdoor adventure with map reading and navigational skills. We offer training, coaching and competitions for all levels from families and beginners through to experienced runners, covering all ages and levels of fitness.



www.southampton-orienteers.org.uk



facebook.com/southamptonoc



07585 368820 - events hotline

