

# Orienteering

**SOC** Southampton  
Orienteering Club

From a walk in the park to O so ferocious.

## SOC Saturdays 2021-22

incorporating the South Hampshire Schools League

Orienteering is a challenging outdoor adventure sport. The aim is to navigate between control points marked on an orienteering map and decide the best route to complete the course in the quickest time. Whether you are 8 or 80, come along and walk or jog or run the course at your own pace.



These events are aimed at introducing people of all ages to the sport and it incorporates a schools' league. There are also courses for all abilities, both newcomers and experienced adults. Help with the basic techniques will be available.

Date	Venue
Sat 25 Sept 2021	Itchen Valley Country Park
Sat 23 Oct	Lakeside Country Park
Sat 27 Nov	Fleming Park, Eastleigh
Sat 8 Jan 2022	Southampton Outdoor Sports Centre
Sat 12 Feb	Royal Victoria Country Park
	Dates from March 2022 TBC

[southampton-orienteers.org.uk](http://southampton-orienteers.org.uk)

# SOC SATURDAYS SCHOOLS LEAGUE

## 2021-22

### How does the league work?

There will be at least 6 events spread over the academic year for pupils from Year 5 to Year 13. Overall positions for competitors and schools will be calculated from their five best results. There is also a similar league for adults. These events are open to the general public so all are very welcome to come and give it a go.

### How do I register and get started?

Please register in advance at [Racesignup.co.uk](https://www.racesignup.co.uk) if possible. There will also be Registration on the day at the venue from 10.30-12.00.

Courses close at 13.30. Once signed up competitors will receive a map of the course and an electronic timing chip.

### How much does it cost?

Adults £5.00, under-21s £2.00, no charge for electronic timers.

### Which course should I do?

Orienteering courses are graded by colour. The table shows the course the pupils should enter to be part of the league. Children in years 3 and 4 may take part but should be accompanied by an adult. Under-18s may wish to start on a lower age class to familiarise themselves with orienteering techniques.

More experienced Juniors may also compete in the next age class up. Adults may take part in any course they would like and will be part of the newcomer or standard adult league.

Course	School Year
White	Y3,4,5
Yellow	Y6,7
Orange	Y8,9
Light Green	Y10,11
Green/blue	Y12,13

### About SOC

SOC is a lively club which serves the Southampton area and further afield. If you would like to arrange a taster session for a school, scout guide or youth group, please contact [juniors@socweb.org](mailto:juniors@socweb.org).

SOC is committed to delivering **Covid Safe Orienteering**. For further details on the events and latest information including **COVID Safety Requirements**, please see our website.