



SOUTHAMPTON ORIENTEERING CLUB
Colour Coded Event & SCOA League
at Lucas Castle, New Forest
9TH JANUARY 2011
FINAL DETAILS



Travel:

Signed from A31 Eastbound at SU257117 and from B3078 at SU252151.

Car Parking:

Car parking is on forest tracks, please be aware you may be parked up to 600m from Registration.

Car parking fee £1.00 per vehicle.

Registration:

Please complete all sections of the Registration Form, including the competitor's details on the reverse side, before you get to the Registration tent; having paid the entry fee please take your completed form to the Emit Issue tent, where you will either register your own or pick up your hired Emit card.

Fees:

Seniors £7 (BOF members £5, please have membership number available), Juniors £2.

Emit electronic punching – Emit card hire fee £1.

There will be a free string course adjacent to registration.

Facilities:

Toilets, Ultrasport & Fuel Caterers will be adjacent to Registration.

Terrain:

The competition area consists of typical New Forest plantations & hillsides of semi open forest and heath. At this time of year many vegetation boundaries are not definite and paths can be vague owing to fallen leaves/snow cover. There is little significant undergrowth to slow progress. The area is home to an abundance of wildlife, in particular, deer, ponies, pigs and cattle. There is a risk of ticks being present and we recommend you thoroughly check your body after the event for any signs. Runners, mountain bikers, walkers, dog walkers and horse riders use the area. If you come across any of these whilst competing, please be courteous and mindful that they have as much right to use the area as you do.

Hazards:

All courses other than White and Yellow cross streams. Following heavy rain these streams can become swollen and in places difficult to cross. There are however numerous places where it is possible to safely ford these streams and competitors are urged to seek these out if conditions warrant it. Competitors are strongly recommended to carry a whistle. Full leg cover is mandatory and Goggles are advised if the weather is inclement; appropriate footwear for the snowy/icy conditions should be worn. Following the recent frosts there are hard rutted surfaces mainly in the open areas, which may be covered by snow and competitors should be mindful of the associated risks!

Dogs:

Under control in the Car Park area please. No dogs in the competition area!

Map:

Scale 1:10,000 with 5m contours overprinted on waterproof A4 size paper. Updated Autumn 2010.

The map for Light Green to Brown courses has no legend. Copies of the standard legend will be available at registration.

Control Descriptions:

Loose control descriptions will be issued at Registration. Control descriptions will also be printed on the map.

Start:

The Start is approximately 700m from Registration. Please use the manned road crossing and follow the taped route along the grassy verge beside the road before entering the enclosure, ensure juniors are aware. The route is mainly flat and should be OK for pushchairs.

Last start 12.30.

Clothing Dump:

A DIY clothing dump will be about 50m from the start. Please bring your own bags. The route from the finish passes the clothing dump.

Finish:

The Finish is approximately 250m from the clothing dump. Follow the taped route back along the roadside to Download.

Courses close at 14.30.

Safety:

The Safety Bearing is West; when you reach the minor road turn South (Left) and follow the road to assembly.

All competitors must report to Download whether or not they complete their course!!

Course	Technical Difficulty	Length (Km)	Climb (m)
Brown	Hard (Experienced Orienteers Only)	9.9	260
Blue	Hard (Experienced Orienteers Only)	7.5	180
Green	Hard (Experienced Orienteers Only)	4.6	100
Light Green	Difficult (Experienced Orienteers Only)	4.0	85
Orange	Moderate (Experienced Children/Novice Adults)	3.4	80
Yellow	Easy (Children with some experience/Novice Adults)	2.8	70
White	Very Easy (Ideal for Novice Children)	1.7	35

String Course:

The free String Course, which is adjacent to Registration, is subject to Cancellation if the weather conditions are not suitable on the day!

Officials: **Organiser:** Kevin Bracher **Tel:** 02380860477 kevin.bracher@talktalk.net
 Planner: Simon Bevan
 Controller: John Shucksmith (Wimbourne).

**COMPETITORS TAKE PART IN THIS EVENT AT THEIR OWN RISK
AND ARE RESPONSIBLE FOR THEIR OWN SAFETY**