

Saturday, 18th June, 2016

Level D Orienteering at Lakeside Country Park, Eastleigh.

Location: The car park and event centre are at Lakeside Country Park Eastleigh.
Grid ref: SU451175
Nearest postcode: SO50 5PE
Official road signs to Lakeside from J5 M27. Follow Eastleigh A335 (Wide Lane) signs for ½ mile. The park entrance is on the left hand side just past the playing fields – marked by O signs.
Parking is limited – please share cars and consider using public transport.

Timing: Registration: 10:00 – 12:00
Start times: 10:15 – 12:15
Courses close: 14:00

Facilities: Toilets.

Entry: Entry on the day only. Members of British Orienteering do not need to complete an entry form. Please help us to keep registration flowing by bringing your EMIT card with you.

Fees:	Members	Public	Timing card hire
	Age 25 and over	£5.00	£5.00
Under 25	£2.50	£2.50	£Free

Courses Light green, orange and yellow.

Map: Scale 1:5,000, 5m contours, updated Summer 2016. Courses and control descriptions will be over printed on A4 waterproof paper.

Terrain: Country park and urban (light green only).

Start: There is a short walk to the start and back from the finish.

Clothing: Full leg cover must be worn as there are nettles to contend with.

All competitors take part at their own risk.

Your personal details will be used for administering this event, distributing results and to inform you of our other events.

For more information and late-breaking news visit www.socweb.org/events

Safety

bearing: If you get lost the safety bearing is south.

Hazards: The light green course is partly on roads and competitors on this course who are under 17 must be accompanied by a responsible adult.

Other hazards include:

Miniature trains (marked crossing points must be used)

Fences (gates must be used)

Lakes

Cattle

Geese and swans

Fishermen (please keep clear)

Parents are responsible for their children.

Dogs: Dogs should be kept under control and on a lead when necessary.

Officials:	Planner:	Kevin Bracher
	Assistant Planner:	Lisa James
	Organiser:	Julian Hartwell
	Controller:	Peter Stewart