

Saturday 3rd February, 2018

Level D Event

Castle Malwood, New Forest

Location: The car park and event centre are at Furzey Gardens, grid ref. SU275115. Follow a mix of 'O' signs and brown Furzey Gardens signs from the A337 Cadnam to Lyndhurst road.

Parking: Parking is in the Furzey Gardens car park on firm ground. Parking is limited so please share transport where possible. There will be a £1 charge per car which will be given to the Minstead Trust.

Timing: Registration: 10:00 – 12:00
Start times: 10:15 – 12:15
Courses close: 14:00

Facilities: Toilet

Entry: Entry on the day.
EMIT timing system.

Fees:	Members	Public	Timing card hire
Seniors, Orange	£3.00	£3.00	£1.50
Seniors, Other courses.	£6.00	£8.00	£1.50
Seniors-under 25	£3.00	£3.00	Free
Juniors-under 21	£3.00	£3.00	Free
Lost card charge	£45.00	£45.00	

All competitors take part at their own risk.

Your personal details will be used for administering this event, distributing results and to inform you of our other events.

For more information and late-breaking news visit www.socweb.org/events

Courses:	Course	Distance/Climb/Controls		
	Blue	6.6km	170m	19
	Green	5.3km	140m	15
	Lt Green	4.0km	80m	14
	Orange	3.2km	40m	12

- Map:** Scale 1:10,000. Size A4. Original survey 2012 with recent updates.
Control descriptions will be printed on the map only. On the Green and Blue courses these cover the legend.
- Terrain:** A mixture of fast open grassland and runnable forest on a North facing slope. Orange course is on the open area only.
- Start:** Approx. 600m from registration along a private track, please take care as there may be the occasional vehicle. The start and finish are close together and there will be a clothing dump, please bring your own bag. It will be a punching start.
- Clothing:** Full body cover must be worn. Whistles should be carried. As the open areas are very exposed in adverse weather we will ask you to wear a cagoule or similar waterproof top.
- Bio-security:** Please come to the event with clean and dry shoes and clothing. After your run please follow the guidance that helps protect our precious environment:
- Check
 - Clean
 - Dry
- Before leaving the event **check** your clothing and equipment and remove any mud, soil or leaf litter.
 Once home thoroughly **clean** your footwear and clothing and then leave it to **dry** for as long as possible. Many invasive non-native species are able to survive in damp corners for very long periods of time, but are less able to survive if the equipment is thoroughly dried.
- Hazards:** Please be aware of the risk of ticks and Lymes disease. The area is frequented by ponies, deer and livestock and the usual precautions to avoid infection apply.
 This is a popular area for walkers, cyclists and horse riders please be considerate.

Safety: The safety bearing is South, follow the fence back to the underpass which is very close to the start. Courses close at 14:00 hrs.
Competitors attending the event alone **MUST** leave their car key at Registration.
All competitors must report to Download before 2.15pm even if retiring from the event.
Orienteering is a physically challenging sport. Competitors take part at their own risk.

Dogs: Dogs must be on leads at all times.

Officials: Planner: Roger Pleasant (SOC)
Organiser: Barbara Davidson (SOC) (07985 432424)